



## Weekly Newsletter

3 July, 2009

Dear Parents,

Many thanks to everyone who supported the letter being sent on your behalf to the 'powers that be' about the forthcoming sale of our neighbouring property and a special thanks to Greta and the other parents who organised it and were out there this week in the playground getting your signatures. Let's hope we get some positive news before the sale next week.

Please note, Cycle Training will be on **Monday and Tuesday** next week and so the children will need their bicycles on both days. This is to make up for the missed sessions over the last two weeks due to other events clashing. Bicycles can be stored and locked in the PE shed to save transporting them back and forth.

Attached to this newsletter are letters for parents in **Axe and Yarty Classes** about their children's forthcoming trips out of school over the next two weeks. Also attached is a letter from the PTFA about the annual Rounders & Barbecue evening.

There is no Pottery Club this week or next. The final one will be on Friday, 17 July to finish off any models or sculptures.

As you will have seen on the diary, next week is our Annual 'Healthy School's Week'. On the reverse of this newsletter is more information about it from Ms Doyle. You will also have received a sponsorship form last week from the PTFA about a sponsored goal scoring event. The children are very keen to help support their school and raise funds for it, so we thought it would be a good idea to link it in with the activities next week. The activity will be how many goals can each child score in one minute (we of course will make it easier for the younger children and more of a challenge for the older ones! Any professional goalkeepers are welcome!).

The week will culminate in our Annual Sports Afternoon on Friday, 10 July. The events will start on the Village Playing Field at 2pm and will finish with a cycle display by this year's trainee cyclists around about 3.30pm. Please bare with us if we run over time by a little. As usual we all look forward to a fun, action packed afternoon with plenty of cheering and support coming from the parents. As for photographs, I'm sure you will all agree common sense should prevail and everyone will be responsible in taking only photographs of their own children.

Finally, I attach a draft letter that was sent to me by the Local Authority about the increase in Swine Flu cases locally. I attach it for you information.

*Malcolm Bettison*

Dear Parents

Next week is **Active School Week** – an idea that was suggested by the School Council last term. We will be focussing on healthy, physical activities during most of the lesson time. Every afternoon for example there will be sporting contest of some sort – weather depending. Every morning there will be a Pilates Session where the children will be introduced to a range of strengthening and balance excercises. There will be a healthy lunches competition as there is every year – the details are below – children having school dinners will be able to win the prize as well as children who have packed lunch.

**Healthy Lunches Competition during Active Schoool week 6<sup>th</sup> – 10<sup>th</sup> July 2009**

1 point for each portion of fruit or veg

2 points for wholemeal bread sandwich

1 point for healthy dessert

1 point for healthy drink

1 point if all eaten.

Maximum points 8 per day

Children will get points for each portion of fresh fruit and vegetables. The exact scoring will vary each day according to the menu, but the maximum of 8 points per day will be possible whether you have school dinners or packed lunch. Prizes will be awarded on 10<sup>th</sup> July. One prize for each class.

# PTFA Rounders and Hog Roast Evening

The PTFA is holding it's annual Rounders Evening on Friday 17<sup>th</sup> July starting at 6.30pm at the Cricket Field. For those new parents who have not been to this before, the evening is an end of term social event where we play Rounders and then sit around, chat and eat!

In the past the food has been in the form of a BBQ, but this year a very kind parent has offered to do a Hog Roast. The pork will be served in a roll, with apple sauce and stuffing available. The rolls will be priced at £2.50 each. There will also be vegetarian sausages in rolls available at a cost of £1.50 each. The rolls do not need to be paid for in advance just in case the weather forces the event to be cancelled. Drinks and ice-creams will also be available but these do not need pre ordering.

To help with the catering and so that the staff can sort out the teams please can you fill in the attached form if you will be coming to the evening. The form needs to be returned to the office by **Friday 10<sup>th</sup> July at the latest**. Thank you.

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## Rounders evening return slip

Family name.....

No of adults playing.....

No of children playing.....

No of pork rolls required.....

No of vegetarian sausages required.....

Dear Parent / Guardian

With the number of confirmed cases of swine flu in the UK continuing to grow and cases confirmed at Exeter University, we are monitoring the situation closely and are liaising with Devon County Council and other local agencies to ensure that we are as prepared as possible for any eventuality.

Most people in this country have been affected only mildly by the flu and I am pleased to say this is true of the students in Exeter too. We expect them to make a full recovery following treatment.

Our advice to Parents and Students who experience fever accompanied by two or more of the following symptoms – cough, sore throat, runny nose, headache or limb/joint pain – is as follows:

- *Phone your GP* or call NHS Direct 0845 4647. **Do not visit a GP practice or other NHS venue.** A clinical member of staff will assess you by phone, and further investigations and/or treatment will be arranged if necessary.

The Swine Flu information line is available on **0800 1 513 513**.

Parents are advised to check that the contact details we hold for you are correct. This is to ensure that we are able to keep you informed of the very latest situation.

### **General hygiene advice**

Experts say practising good hygiene remains the most effective way for individuals to protect themselves and others from swine flu. You should always:

- Ensure everyone washes their hands regularly with soap and water.
- Clean surfaces regularly to get rid of germs.
- Use tissues to cover your mouth and nose when you cough or sneeze.
- Place used tissues in a bin as soon as possible.